

Year 5 Homework due Thursday 25th January 2024

English Reading – Please make sure that you are reading every day and your reading record is signed.

SPELLING WORDS - Learn your spellings

1. veil 2. vein 3. eight 4. weigh

Maths Log on to My Maths <https://login.mymaths.co.uk/login>
Times Tables Rockstars [Times Tables Rock Stars: Play](#)

A Postcard from Mo Farah

2 Hello Dad,
11 I'm writing to you from my running camp in
19 Africa. We have been training hard and working
29 up a real sweat. It is important that we work
42 hard to keep fit so that we can be the best in
50 the race; that includes making sure that we are
58 eating healthy foods to keep our bodies strong.
67 For breakfast today, I had a bowl of porridge
78 with a banana on top. For lunch, I ate a jacket
87 potato with beans and a salad. For my evening
96 meal tonight, I'm going to be having chicken
103 with pasta and vegetables. I love eating healthy
114 food because it keeps me fit and lets me run for
115 longer.

Why does Mo want to be the best in the race?

'...it keeps me fit' In this sentence, what does 'fit' mean?

What else might Mo do to keep his body healthy?

	4	2		7	1
x		3	x		5
5.			6.		
	7	2		8	3
x		4	x		3

English