

PRINCE OF WALES PRIMARY SCHOOL

Newsletter
3rd February 2023

Dear Parent/Carers, Governors and Friends,

Parent Governor Elections

Following my invitation for parents to stand for the parent governor vacancy, I am pleased to report that we have two parents standing as candidates for this position. Brief descriptions provided by the candidates (who were former pupils at PoW) about themselves can be read on page 4. Every parent has the right to vote once for up to 1 candidate, regardless of the number of children you have at the School. Each parent should therefore receive and return only one ballot paper with an envelope for its return to the School. The ballot paper must be returned to the School in the envelope provided by the end of the school day on Tuesday 21st February. I hope that you will take advantage of this opportunity to take part in this parent governor election.

Parent Forum

Our first Parent Forum since November 2019 took place this week with about a dozen parents attending as well as Mrs Hodgson our Chair of Governors and various members of staff. The main theme of this meeting was playground behaviour. Parents were interested to understand how incidents are dealt with to avoid such occurrence in the future. The school presented strategies, policies as well as new initiatives to ensure that children are able to enjoy themselves safely during this unstructured time and for behaviour at our school to continue to be outstanding.

Online Safety

Parents/carers, are you aware of what games or Apps your child is accessing? Do you know the age rating of these? Any form of social media, e.g. WhatsApp, Facebook, Instagram, Tik Tok have a minimum age of 13 plus. This is because it is easy for young people to access inappropriate content on these sites. Games such as Call of Duty or Grand Theft Auto have an age rating of 18, due to the adult nature of the games and Fortnite has an age rating of 13. Misuse of social media towards peers and acting out violent scenes from games in the playground are issues that schools regularly deal with; however, it is the parent/carer responsibility to monitor their child's activity online and ensure that they are not accessing harmful content. We expect parents/carers to check what sites they access and the communications they send and receive. Ahead of Safer Internet Day next Tuesday, we are focussing on safe and positive use of digital technology through a range of assemblies, workshops and class activities. We will be arranging an online safety café for parents and in my weekly newsletter you can find information posters related to various digital platforms that children use, starting with the risk of online challenges and TikTok on pages 9 and 10.

Website update

We are in the process of giving our school website a Spring clean. We hope you already find it easier to navigate and find information.

Mr Jan M Bless
Headteacher

Attendance for week beginning 30th January 2023

Ash 89.58%	1G 87.50%	2A 84.29%	3G 96.63%	4D 97.22%	5F 98.96%	6C 86.67%
Birch 93.27%	1Go 96.98%	2C 89.30%	3T 80.80%	4F 87.96%	5G 89.13%	6D 86.41%
Oak 87.50%	1S 91.96%	2T 86.90%	3W 96.30%	4H 92.41%	5H 90.72%	6W 83.91%

Well done to **Birch**, **1Go** and **5F** for best attendance this week.

Overall attendance since September 2022: **92.31%**



DATE	YEAR	EVENT
Tue 7 th February	all	Safer Internet Day
Thu 9 th February	Reception	Reception Café at 9.10am
13 th – 17 th February	all	Spring Half Term Break – school closed
Mon 20th February	all	Inset Day 5 – school closed
Thu 23 rd February	all	100 session (50 days) attendance club
Thu 2 nd March	all	Book Day
Tue 7 th & Thu 9 th March		Parent Consultations
Mon 27 th March	all	Individual children's photos
Wed 29 th March		Aladdin School Production
Thu 30 th March	Nursery – Y1	Dentist visit
Thu 30 th March		Easter Bonnet Parade (<i>theme: King's Coronation</i>)
Thu 30 th March	Nursery	Nursery breaks up for Easter holidays
Fri 31 st March	Y1-Y6	End of Spring Term certificates awards
Fri 31 st March	Reception – Y6	Finish at 1:30pm for Easter holidays
3 rd – 14 th April	all	Easter holidays
Mon 1 st May	all	May Bank Holiday – school closed
Mon 8 th May	all	Bank Holiday to celebrate His Majesty's coronation on Saturday 6 May 2023 – school closed
9 th – 12 th May	Year 6	Year 6 SATs week
Fri 19 th May	all	100 session (50 days) attendance club
22-24 th May	Year 6	Residential visit to Tolmers
29 th May – 2 nd June	all	Summer Half Term Break – school closed
Thu 22 nd June		Summer Celebration
Mon 3 rd July		Theatre show – Alice in Wonderland
Wed 5 th July	all	KS1 and KS2 sports day and picnic
17 th July		Parents' Eve drop-in
21 st July		Finish at 1:30pm for Summer holidays



The school value this month is:

Collaboration

These pupils received a certificate this week:



Noa 1G, Zion 1GO, Freya 1S, Naz 2A, Ryhan 2C, Hira 2T, Walid 3G, Nawal 3T, Millie-May 3W, Eli 4D, Deniz 4F, Angelica 4H, Alen 5F, Pelin 5G, Ayse 5H, Rehan 6C, Laura 6D, Domantas 6W



Resilience Award:
Alaa

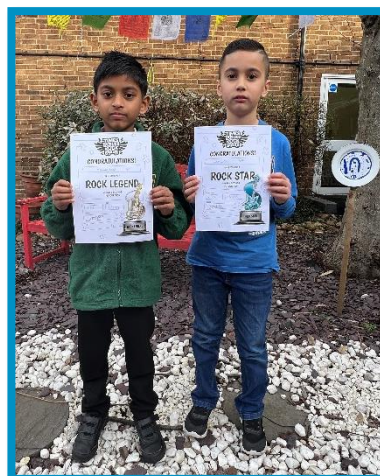


Best Readers this week that passed 100%

Kaylah 2A, Destiny 3T, Nathanael 3G,
Abiyah 5F, Maxwell 5F

Classes with the highest number of 100% quizzes

3W, 5F, 5G



Top 3 TT Rock Stars
Muhammed,
Cameron, Kenaya
WELL DONE!

Parent Governor Elections

Candidates' Personal Statements



Hi! my name is **Muna Ali** mother of 3, two of which go to Prince of Wales Primary School.

I myself used to be a student here 25 years ago.

I can say, my experiences 25 years ago were completely different to what it is today.

It amazes me how diverse the school has become and while we all come from different backgrounds, we all want what's best for our children.

My experience working with victims of modern slavery/human trafficking/homelessness, has exposed me to the importance of safeguarding policies and the significant impact it has on our children if not followed properly. I am committed to carrying this practice through, in my role as parent governor to ensure our children's safety and to help them thrive and reach their full potential in school and in life.

I want to be involved in my children's education and for them to attend a school that accepts and values them regardless of where they come from and champion causes that will promote the well-being of all children at POW and what better role can I achieve this through, than a parent governor. Where our children's best interest comes first.

My name is **Cherry Sabrina Mensah**, I am a diligent mother of one and a passionate and determined mindset coach, plus a published author.

In relation to my career, I have put my heart into assisting children with their own specific doubts, fears and limited beliefs as my ceaseless optimism is aimed to boost children's confidence, self-assurance, courage and presence of mind.

As well as attending Prince of Wales Primary School as a young child myself, I have developed a lifetime of experience to become a highly valued mindset coach.

Therefore, I trust that I possess the exact knowledge and wisdom to add a huge amount of value to Prince of Wales along with serving the local community at hand.

For this reason, I leave you with the possibility to appoint me as the new Parent Governor with the prospect of elevating Prince of Wales to its greatest potential.





WALKER CHILDREN'S CLUB

play learn grow

February Holiday Club - Multi-Sport & Fitness!

Monday 13th - Friday 17th February



**Multi-Sport
Tournament**



Little Chefs



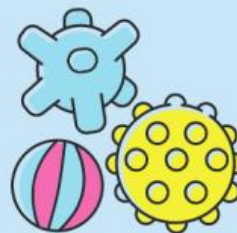
Fitness



**Valentine's Arts &
Crafts**



Karaoke



Multi-Sensory Play

Open for children aged 3-11

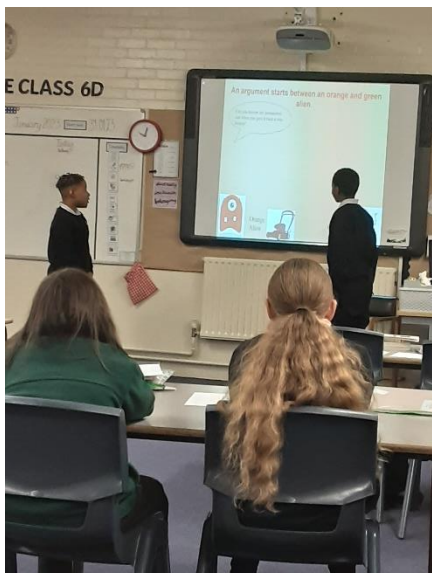
admin@walkerchildrensclub.com

Walker Hall - 07961 485 646

Prince of Wales - 07561 810 910

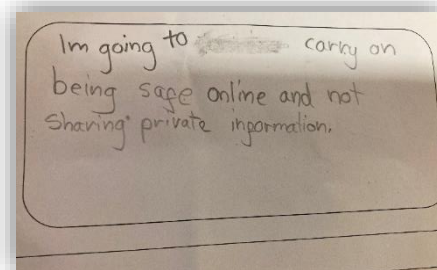
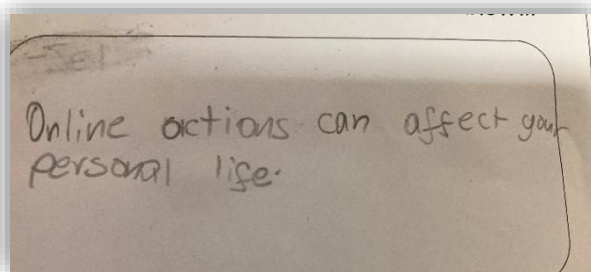
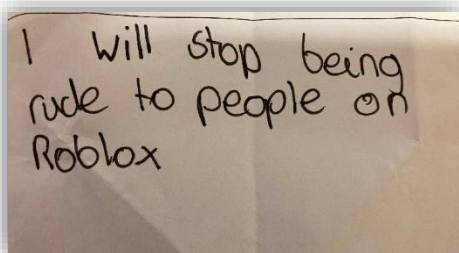
Staying Safe Online

In preparation for Safer Internet Day on 7th February 2023, years 3 to 6 had an assembly with Evie Gibson about online communities and how to manage our behaviour online.



The follow up workshop for Year 6 focused on the impact of online behaviour and false news.

At the end the children reflected on what they would do differently online as a result of the workshop.



Year 6 children also discussed the impact social media can have on their future life.



This week's sign is **February**

Click the link to see how to sign our word of the week:

[British Sign Language BSL Video Dictionary - February](#)

Fusion – Edmonton and Albany Leisure centres after school programmes - FREE:

In partnership with Enfield Council, Fusion Lifestyle is offering pupils the opportunity to become more physically active and to learn about living a healthy lifestyle as part of our Challenge You Programme

fusion-lifestyle.com/challenge-you-programme

Each session comprises a different, fun, multi-sport fitness session with information on the beneficial effect the exercise has had on the human body along with a short healthy living theme towards the end of the session. Each session will include 45 minutes of physical activity and 15 minutes of learning on the following themes which have been developed by Enfield Council's Public Health team:

- Sugar Smart 1(eating and drinking less sugar)
- Physical Activity Guidelines
- Less Screen Time
- Fats & Calories
- The Importance of Good Quality Sleep

The activities taking place in the sessions will include a range of fitness exercise activities and sports, which are fun and engaging. In addition, a theme of the week and goals will be set a chance to engage with the instructor on these topics on a weekly basis (**PE kit and bottle of water for activity**).

The sessions commence next week 30th Jan and run for 8 weeks (excluding half term)



Introducing CHALLENGE YOU
8 WEEK PROGRAMME

Challenge You is an 8 week programme designed to help children and their parents understand more about the factors that contribute to an unhealthy lifestyle and how to overcome these issues. Sessions are FREE and take place at both Southbury and Edmonton Leisure Centres.

What will we learn?

- The reasons why children might become overweight or obese
- How small changes to diet and portion control can make a significant impact
- Suggestions for healthier alternatives to common favourite snacks and meals
- Guidance on suggested activity levels for children aged 7-11 years old
- Ways to incorporate fun physical activities into your child's day
- How to manage screen time and encourage more sleep

Find out more:
enfieldfitness@fusion-lifestyle.com

fusion

FOR 7-11 YEAR OLDS

35% OF 10-YEAR-OLD CHILDREN ARE OBESE



Catering Awards

Our kitchen team has been recognised for delivering 100% compliance, meeting the highest Health & Safety and Food Safety standards as well as providing an excellent service to the children and adults that enjoy school dinners at Prince of Wales.

Congratulations

Year 4 trip Verulamium Museum, St Albans.



Last Friday, the children visited the Verulamium Museum in St Albans.

The children handled Roman artefacts, saw a Roman mosaic and ruins and visited the museum.

The children were a credit to Prince of Wales Primary School. Many thanks to the parents who helped in making it a very memorable day.



Assessing risk from online 'challenges'

Many young people enjoy participating in 'online challenges'



Some of these challenges can be fun; like the 'bottle flip challenge'

But some 'online challenges' may encourage young people to place themselves or others at risk of harm



Talk to young people about safe & unsafe challenges and encourage them to...



Stop, Think and Question!
Is it really worth it?



What are the consequences?
Does it place myself or anyone else at risk of harm?



Is everyone else really doing it?
Or am I giving into 'peer pressure' or FOMO (Fear of missing out)?



Reassure them that it is never too late to change their mind and that you are always there to talk to!



Focus on 'TikTok'

TikTok is a global video community powered by music. Whether it's dance, or free-style performance, creators are encouraged to let their imagination run wild.



TikTok has an age rating of 12+



TikTok can be highly addictive



There is an option to purchase TikTok coins 'in-app' - the coins enable people to purchase enhanced reaction emoji's to share with friends or content they like - there is an option to disable 'in-app' purchases



TikTok has over 1 billion monthly active users worldwide which means it is very difficult to monitor any inappropriate content posted.



Young people often post videos of online 'challenges' - most of which are fun, but young people have to consider that some may be harmful, inappropriate or even criminal



TikTok can be used as a platform for grooming, due to the high level of interaction and due to the fact it is so popular amongst young people



Set time limits for usage



Discuss with your child what constitutes safe and unsafe 'challenges' & ask them to always consider 'Is it worth it'



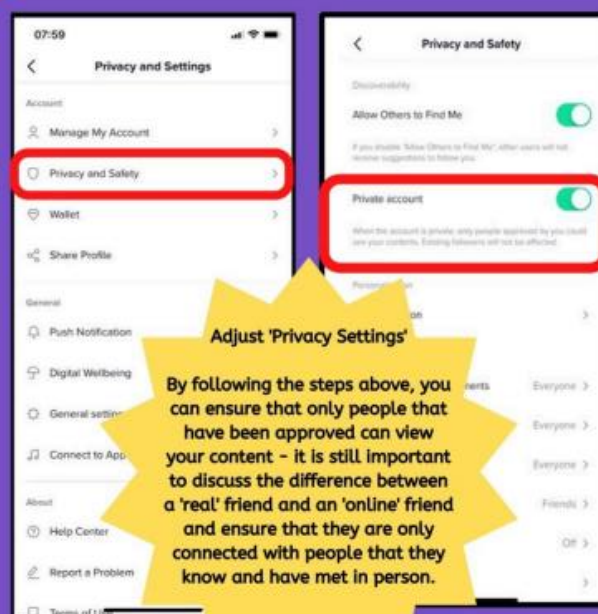
If your child is going to post 'live' content then discuss their environment and consider what information they may be giving away in the background of their film about themselves, your home or others



Check out TikTok yourself to gain a better understanding of how it works



Check that there are no bankcards linked to the TikTok account to avoid unwanted spending



Adjust 'Privacy Settings'

By following the steps above, you can ensure that only people that have been approved can view your content - it is still important to discuss the difference between a 'real' friend and an 'online' friend and ensure that they are only connected with people that they know and have met in person.

Check out TikTok 'Family Safety mode' which allows you to connect to your child's TikTok account and check privacy settings, direct message and monitor your child's use, including setting up timelimits. This feature is new for 2020!

More information can be found by visiting:

www.tiktok.com/en

Prince of Wales Food Bank

Tuesday and Friday morning

Please ask at the school office for

Mrs. Dunlea or Mrs. Rees.



Friday 3rd February

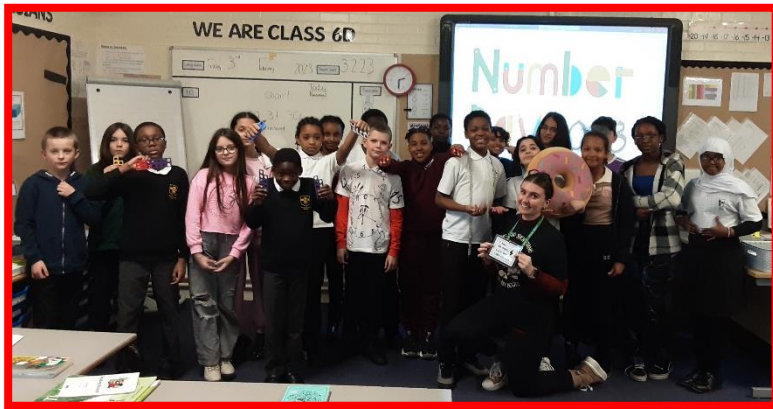
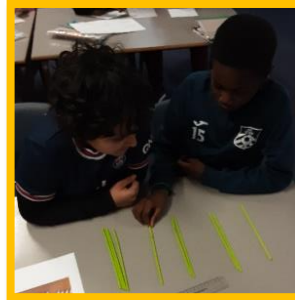
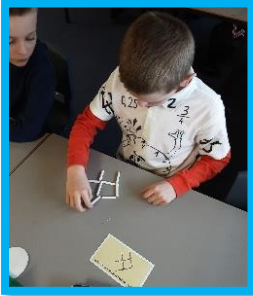
Understanding the importance of the Church family

Today Year 4 visited the local church, St Peter and Paul, to end our RE topic on Christianity and the church.

Father Stephen talked to the children about the importance of the church to the local community as well as showing them different features of the church and why they are considered important by Christians.

The children also got an opportunity to ask questions to Father Stephen. It was an excellent way to finish our unit of work on Christianity.





Number
Day 2023

