

Tuesday 7th July

I can make and evaluate a wrap.

Fantastic fruits!

Collect a selection of fruit or look at the fruit on the slide.

Are they all the same?

Do you know what they look like inside?

Look inside—what patterns do you notice?

Discuss with an adult.



durian fruit



pineapple



papaya



banana



lychee



mango



apple



kiwi fruit



jack fruit



watermelon



peach

Look at your design from Monday.

Do you want to add fruit to your wrap?

Can you think of a combination of vegetables and fillings that might work better?

Do you prefer that crunch of lettuce to the crunch of the cucumbers when combined with a cheesy paste?

Would you prefer mayonnaise at the base of your wrap instead of butter?

If you want to change the design of your wrap, here you can find many different recipes for wraps including really fun fillings!

<https://www.superhealthykids.com/recipes/top-10-kid-friendly-wraps/>

Now make your wrap using the cutting and the grating skills you learned yesterday.