

Year Group: 2

Date: Friday 17th July 2020

Subject	Lesson focus/objective (I can....)	Activity and/or instructions
Reading/ Phonics	I can correctly punctuate sentences.	1. Complete the activity on page 2 . Remember to add capital letters, full stops and question marks in the correct places.
Mathem atics	I can solve problems involving multiplication.	https://nrich.maths.org/145 Solve the 'Magic Plant' Nrich problem on page 3 . Use the link to find out more information.
Writing	I can write for different purposes	Today's task is to write a letter to introduce yourself to your Year 3 teacher. Think of all the activities you have been doing this week to make your letter more interesting. What would you like your new teacher to know about you? Use yesterday's work to help you. See page 4 with things you should include.
PSHE	I can use different techniques or exercise to relax	What is relaxation and why do we need to relax? Think of ways that you relax – listening to music, drawing, reading a book... Go through the slides starting on page 5 and discuss with an adult. See today's task on page 8 .

Please read daily and complete your reading record. You can access Accelerated Reader clicking [here](https://ukhosted2.relearn.co.uk/1894742/) and putting in your user name and password: <https://ukhosted2.relearn.co.uk/1894742/> You may find that some of your books at home are also on Accelerated Reader, so re-read them and give the quiz a go.

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Correct the sentence.

Rewrite these sentences adding capital letters, full stops and question marks.

1. my sister's name is lily my sister has a friend called jess
2. one warm day lily and jess went to the zoo when they arrived, the visited the monkeys
3. jess said that she liked the zoo when lily turned around she realised a monkey had stolen her lunchbox.
4. "do we have any money to buy more food" asked jess
5. Lily replied "no now we don't have anything for lunch".
6. "don't worry girls", a voice called from behind them it was the zookeeper who was holding their lunchbox he had a great big smile on his face

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Magic Plant

Age 5 to 7 ★★

On Friday at 9 am, the magic plant was only 2 centimetres tall.



Every twenty four hours, it doubled its height.



How tall was it on Monday at 9 am?

This problem is a good one for creative mathematicians!

You can decide how to represent your work. You might decide to show your results in a table, write number sentences or draw and label a picture.

Once you have solved the problem. See how many days you can track the growth. How many days does it take to pass 100 cm? Does this answer surprise you? Why?

If you enjoy this problem you might also like to try:

<https://nrich.maths.org/159/note>

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- Start with a greeting (Dear.../To...)
- Your name
- What class are you in
- What are your favourite subjects at school/least favourite and why
- What are you looking forward to in the next school year
- What would you like to learn about in Year 3
- Anything else you would like your teacher to know about you.
- An ending (From...)
- Take care with your handwriting and presentation

Date:



Dear

I am looking forward to being in your class this year and would like to tell you a little bit about myself.

I am

I live

My favourite subject in school is

because

In my free-time I am particularly keen on

During the past year, the projects I enjoyed most were

When did you last do some exercise?



How did it make you feel?

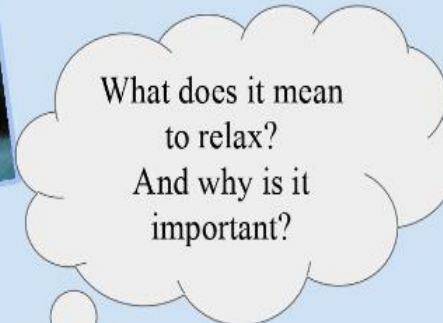


What happens to your body and how do you feel when you are nervous, worried or stressed?



Did you know that relaxing...

- allows your body to repair itself
- restores your energy
- makes you more alert
- helps your memory
- helps you to learn and concentrate
- helps your immune system - can stop you from getting ill
- can make it easier to stay calm



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Do you think breathing can help you to relax?
How?



We are about to take part in a breathing exercise. It will mean that we will need to sit comfortably and quietly for about 10 minutes... it is really important that you take part as it will help you to feel relaxed.

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Let's do a breathing exercise together



https://www.youtube.com/watch?v=Bk_qU7l-fcU

Task: Write a few sentences about how you felt before and after the mindfulness meditation.