



skip



run



jump



hop



spin



balance



squat



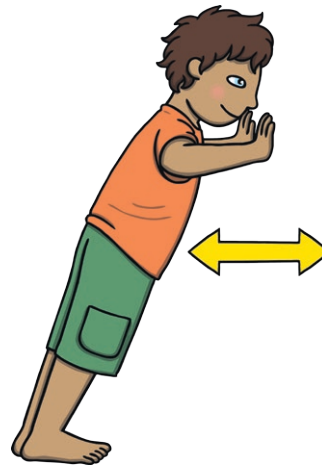
bend



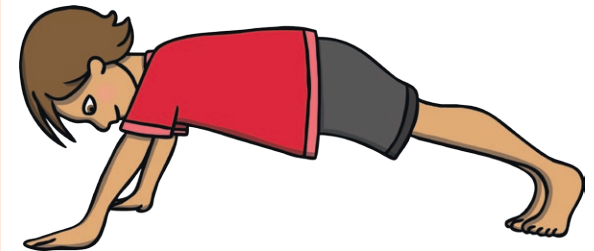
jumping jacks



toe touches



wall push-up



plank



dance



arm circles



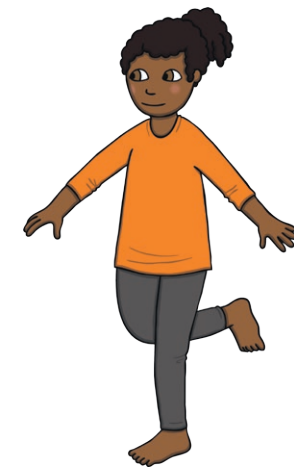
skip



run



jump



hop



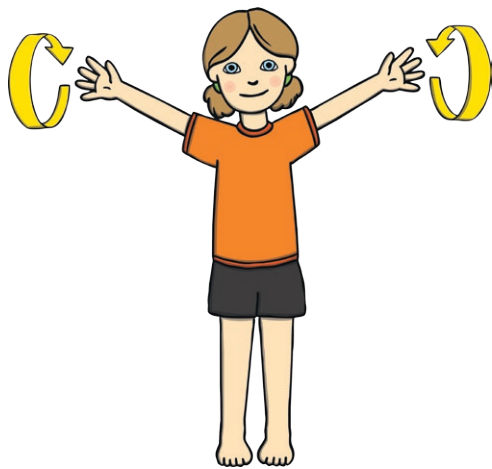
spin



balance



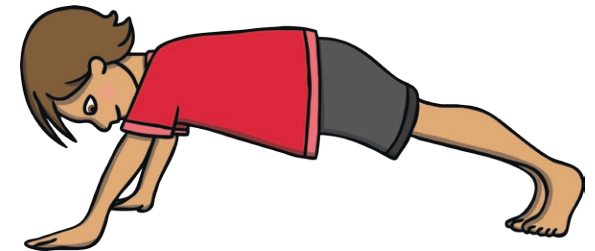
squat



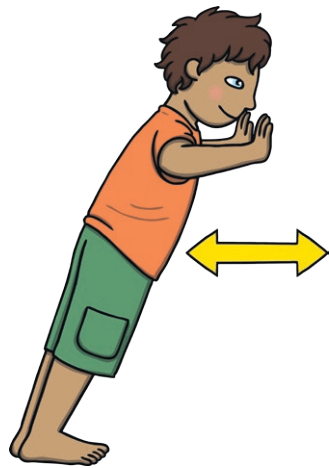
arm circles



dance



plank



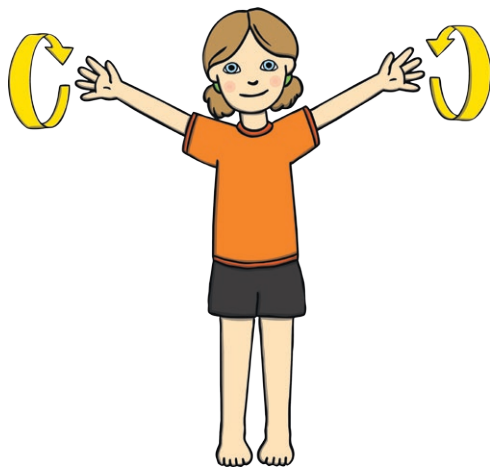
wall push-up



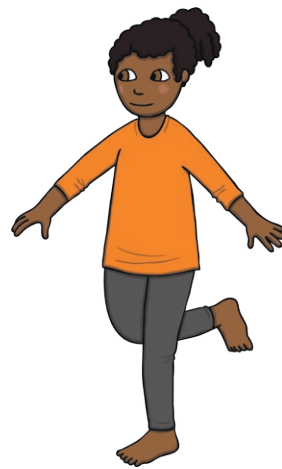
toe touches



jumping jacks



arm circles



hop



bend



jumping jacks



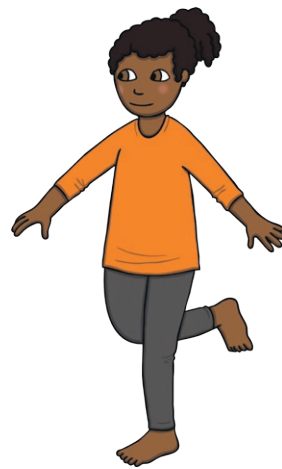
dance



spin



run



hop



arm circles