

Year Group: 1

Date: Friday 22nd May 2020

Today your teachers are working offline so how you spend your day is up to you. You are not expected to send work to your teacher today. Here is a list of some ideas and links to a range of things that may interest you – please choose whatever you want to do.

Activity: We have set you some more music.



May 12th was Florence Nightingale Day. Florence Nightingale was born on May 12th 1820 and there is a picture of her on the left. Florence Nightingale was a very famous nurse and she was often called 'The Lady with the Lamp'. In those days when Florence was alive most people believed that infections were caused by bad smells. Florence Nightingale insisted frequent handwashing would reduce the spread of infection. Washing your hands is still one of the best ways today to stop the spread of infection.

- Click on the link below and see if you can join in with the song.
 - <https://www.youtube.com/watch?v=S9VjelWLnEg>
 - How long do experts suggest we wash our hands for?
 - What songs could you sing or which rhymes could you say to make sure that you are washing your hands for long enough? (The chorus for this song is 20 seconds long, so a great one to sing as you're washing your hands!
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- You may want to use the day to catch up on missed work or something you wish you had spent a little longer doing.
 - You could take the time to go on some of our recommended websites:
 - Musical links: <https://www.youtube.com/watch?v=Uv3JjtQzvUc> <https://www.outoftheark.co.uk/ootam-at-home/>
 - Rockstars: <http://trockstars.com/>
 - Purple Mash. Log in, go to tools, click on games and there are a range of fun links to choose from.
 - Oxford Owl reading: <https://www.oxfordowl.co.uk/>
 - Go noodle dance favourites: <https://family.gonoodle.com/mixes/dinner-dance-party> and <https://family.gonoodle.com/activities/boom-chicka-boom>
 - Joe Wicks PE: <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>
 - RWi phonics and story time: <https://www.ruthmiskin.com/en/find-out-more/parents/>
 - You can do something at home of your own choice. Here are a few ideas: make a cake, go on a family walk, play a board game, build a den or read a book.