



PRINCE OF WALES PRIMARY SCHOOL

Newsletter
19th October 2018

Listening Excellence Attitude Respect Negotiate Enjoy Responsible Support

Dear Parents, Governors and Friends

In our Harvest Festival last week, our pupils reflected on the need for sharing and giving thanks for the food we enjoy. In between songs, poetry and recorder performances, Enfield Foodbank thanked the children for their most generous donations to date – over 434 kg – and explained how they operate for those who need this service the most. Elderly visitors from the Rose Taylor Centre again joined us (photos on page 2).

The first half term ended on a high, with another successful and well-attended Cultural Evening. Community events like these are so important for children, parents and staff alike to enhance understanding, friendship and enjoyment at all levels. The two finishing times of 2:30pm and 3:30pm ensured that we had more space in our school hall to accommodate all visitors and to enjoy the food and performances on offer. Many thanks to Miss Alim, Miss Gilfillian and Mrs Kurt for organising this superb event (photos on page 3).

On page 4, I am pleased to share more comments from members of the public who kindly take time to contact our school with compliments. This time for our Year 5 pupils, that that are seen making good choices during educational visits.

Please remember to sign up to ParentMail so that you receive all school email and text communications.

Finally, while we look forward to the half term break, we already anticipate what is on offer in November and December. We start with the Parents' Evening on Thursday 1st November to give an update on how their children have started the school year. That evening, Enfield Catering Services will also launch their new menu at our school for parents and children to try out (see page 7). Parents, also look out for the various Cafés we will be hosting for you next half term. In November, all pupils that have achieved their 1st Headteacher Award will be visiting the cinema.

Mr Jan M Bless - Headteacher

IMPORTANT: NEW SCHOOL MAIL PROVIDER



Further to our letter regarding ParentMail being our new email and text provider, we hope that you have received a request to register. So far, 30% of families with an email have registered. We have also noticed that around 10% of our parents have not provided us with a registered or valid email address. In order that you receive all communications, please do ensure that you register and download the app. Thank you.



Our Value for this October is **Compassion and Love**

These pupils modelled the value this week:

Alaa 2A, Alex 4F, Amelia 2T, Arianah 1K, Belinda 3R,
Dora 6B, Idris 1Ti, Jimmy 1T, Mia 4R, Naomi 4G,
Nihal 3F, Shenike 6L, Shwe 6W, Siennal 3T, Tasnim
2Th



Brilliant Book of the week

Tyreese 4G shared his draft diary writing and read out a part of this in assembly. He chose a pencil case from the treasure chest.

Attendance this week

1K 94.62%	2A 92.69%	3F 95.86%	4F 96.21%	5H 95.86%	6B 95.17%
1T 92.59%	2T 96.80%	3R 98.33%	4G 95.19%	5Ha 95.93%	6L 96.79%
1Ti 96.54%	2Th 92.00%	3T 98.00%	4R 87.59%	5T 97.14%	6W 98.52%

Well done to **3R and 6W** for best attendance this week.

Overall attendance since September: **95.65%**

Harvest Festival



- The North Enfield Foodbank has been open for 6.5 years. 32,624 people fed.
- We have provided enough food to provide **293, 616 meals**
- It is run by **Jubilee Church London**.
- We give food to people in Enfield who find that they do **not have enough money to feed themselves and their family**.
- We give them enough food for 3 days and **help them to sort out the problem they are facing**.



-----Original Message-----

From:
Sent: 16 October 2018 20:10
To: Ingrid Adams
Subject: Mr Jan Bless

To The Head Teacher

Dear Mr Jan Bless

I would like to take this opportunity to express my gratitude to your school children who were at Enfield Lock station this morning.

Their behaviour, attitude and respect towards the rushing crowds around them was immaculate. They are a credit to your school.

Travelling alongside my colleagues this morning we entered a carriage, with three female staff and a whole class of children. These teachers were absolutely amazing with the children. Their warmth, caring and positive attitude ensured these children were safe but they also kept themselves and the children calm and collected.

These children were extremely polite and sensible due to the controlled adult supervision. I just managed to get the names of two of the teachers Ayse and Serap, as the other teacher was at far end of carriage and unfortunately I couldn't see the name. I did however voice my appreciation to these lovely teachers before I got off the train, as it's not often you see such well-behaved children and attentive Teachers.

I wish you and your staff continue to be a successful school in the borough.

Yours Sincerely
Ms Gill Esen

Sent: 12 October 2018 10:10
To: Ingrid Adams
Subject: Train journey

Hi,

I've just shared a train with students from your school, getting on at Enfield Lock to Stratford and they were so well behaved! Well done to the school and kids and [staff]. They were great!

Best

Lisa

From: [Mrs Stacey]
Sent: 15 October 2018 15:18
To: [Mr Bless]
Cc: [Mrs Redmore]
Subject: Children traveling on train

Dear [Mr Bless]

This afternoon, as a commuter rather than as a School Governor, I had the pleasure of bumping into the Year 5 children at Tottenham Hale on their way back from swimming.

I'm pleased to report that they were very well behaved on the platform, considering the trains were running late, and also well behaved on the train and the walk back to school.

A real credit to the school.

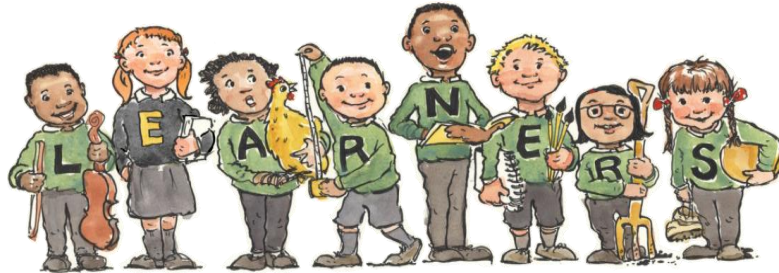
Regards

[Mrs Stacey]



Our Values for October are...

Compassion and the British Value 'Mutual Respect'



Listen Excellence Attitude Respect Negotiate Enjoy Responsible Support

Can you think of ways to demonstrate
these Values at school?

"I will go and play with someone if they are lonely." Elizabeth, 3R

"I will show compassion by caring for everyone." Tyrese, 4G.

"I will give another person a present." Jaida, 3F.

"I am kind when someone is feeling sad." Umut, 4G

"I take children to medical when they hurt themselves." Naomi, 4G

"I gave my friend a tin for Harvest because they did not have one." Lila, 1Ti.

Learning Together, Growing Together

Values for Autumn 2

November - Tolerance & Respect

December - Justice & Rule of Law

DATES FOR YOUR DIARY 2018/2019	
Monday 22 nd – Fri 26 th October	Half term
Monday 29 th October	Inset day – School closed
Thursday 1 st November	Parents' Evening 2:45pm – 6:25pm Please note 3R will be Thursday 8 th November
Tuesday 30 th – 2 nd Nov	Year 1 Bikeability
Wednesday 7 th November	Year 1 Cinema
Thursday 8 th November	Year 5 Millfield Theatre
Thursday 8 th November	3R (only) Parents' Evening 2:45pm – 6:25pm
Friday 9 th November	Year 5 & 6 Cinema
Tuesday 13 th November	Year 6 Maths Café-Fractions for the Arithmetic Paper, 8.30am-9.30am
Wednesday 14 th November	Year 3 & 4 Cinema
Friday 16 th November	PoW Charity Day Children in Need - £1 to wear spots.
Tuesday 20 th November	Year 6 Maths Café-Decimals and Percentages for the Arithmetic Paper, 8.30am-9.30am
Thursday 22 nd November	Year 2 Cinema
Tuesday 27 th November	Year 6 Arithmetic Café-Developing Reasoning skills, 8.30-9.30am
Thursday 24 th January	Inset Day & Parent Review Day
Tuesday 11 th December	Royal Opera House
Friday 21 st December	Finish at 1:30pm for Christmas
Monday 24 th Dec – Fri 4 th Jan 2019	Christmas break
Monday 7 th January	Return to school
Monday 18 th – Fri 22 nd February	Half term
Thursday 24 th January	Inset Day & Parent Review Day
Monday 8 th April – Monday 22 nd April	Easter Holidays
Monday 6 th May	Bank Holiday
Monday 27 th – Fri 31 st May	Half term
Friday 19 th July	Finish at 1.30pm for the summer holidays
Monday 22 nd July	Inset day – School closed
Tuesday 23 rd July	Inset day – School closed



Prince of Wales School Lunch Menu Autumn/Winter 2018/19

Week 1

MONDAY

Mama's Meatballs & Pasta with
Homemade Crusty Bread
Linda McCartney™ Pasta
Bolognese (V)
Cold Option: Cheese & Tomato
Sandwich (V)
Mixed Vegetables
Organic Yeo Valley™ Fruit Yogurt

TUESDAY

Texas Cowboy Chili with Rice
Potato & Onion Frittata (V)
Cold Option: Tuna & Cucumber
High Fibre Roll
Garden Peas & Cauliflower
Fresh Fruit Salad

WEDNESDAY

Sticky Chicken Fillet & Gravy
Homemade Lentil & Vegetable
Roast (V)
Cold Option: Chicken Mayo High
Fibre Roll
Carrots & Garden Peas
Roast Potatoes
Carrot Cake

THURSDAY

Chicken Paprikash, with Rice
Macaroni Cheese with
Homemade Bread (V)
Cold Option: Cheese Salad
Sandwich (V)
Mixed Vegetables
Chocolate Sponge with
Chocolate Sauce

FRIDAY

Harry Ramsden™ Lemon Crumb
Salmon
Margherita Pizza (V)
Cold Option: Cheese & Tomato
High Fibre Roll (V)
Heinz™ Baked Beans, Sweetcorn
& Oven Chips
Beechdean™ Raspberry Ripple
Ice Cream Pots

Week 2

MONDAY

Roasted Sausages with Mash &
Gravy
Linda McCartney™ Vegi
Sausages with Mash & Gravy (V)
Cold Option: Tuna & Cucumber
High Fibre Roll
Garden Peas & Sweetcorn
Organic Yeo Valley™ Fruit Yogurt

TUESDAY

Piri Piri Chicken Fillet with
Sunshine Rice
Cheese & Potato Pie (V)
Cold Option: Cheese & Tomato
Sandwich (V)
Garden Peas & Cauliflower
Fresh Fruit Salad

WEDNESDAY

Lancashire Roast Beef & Gravy
Quorn™ Roast (V)
Cold Option: Chicken Mayo High
Fibre Roll
Carrots & Garden Peas
Roast Potatoes
Banana Cake

THURSDAY

Classic Chicken & Mushroom Pie
with Mash
Veggie Moussaka (V)
Cold Option: Cheese Salad
Sandwich (V)
Sweetcorn & Green Beans
Jam sponge & Custard

FRIDAY

Harry Ramsden™ MSC* Fish
Fillet
Margherita Pasta Bake (V)
Cold Option: Cheese & Tomato
High Fibre Roll (V)
Heinz™ Baked Beans, Sweetcorn
& Oven Chips
Chocolate Cracknel

Week 3

MONDAY

Nasi Goreng (Singapore Rice) (V)
Quorn™ Frankfurter Bake (V)
Cold Option: Cheese & Tomato
Sandwich (V)
Sweetcorn & Baby Carrots
Organic Yeo Valley™ Fruit Yogurt

TUESDAY

Nonna's Lasagne & Homemade
Crusty Bread
Roasted Vegetable and Feta
Pasta (V)
Cold Option: Tuna & Cucumber
Sandwich
Green Beans & Cauliflower
Fresh Fruit Salad

WEDNESDAY

Hertfordshire Roast Chicken
Fillet & Gravy
Linda McCartney™ Stromboli (V)
Cold Option: Chicken Mayo High
Fibre Roll
Mixed Vegetables
Roast Potatoes
Golden Flapjack with Organic
Oats

THURSDAY

Beef Masala & Steamed Rice
Cheese Flan with Diced
Potatoes (V)
Cold Option: Cheese Salad
Sandwich (V)
Broccoli & Baby Carrots
Apple Crumble made with
Organic Oats & Custard

FRIDAY

Beef/Lamb Burger in a Bun
Southern Fried Quorn Burger in
a Bun (V)
Cold Option: Cheese & Tomato
High Fibre Roll (V)
Heinz™ Baked Beans, Garden
Peas & Oven Chips
Chocolate Ice Cream Tub

Available Daily - Unlimited Salad Bar with a variety of salads including Greek salad, coleslaw, tomatoes, cucumber, carrot and sultana, pasta salad and potato salads.
We do a range of wholemeal, white & homemade breads. Drink of the day (water, organic milk or fruit Juice) and fresh fruit available daily.

*Our Fish is sustainable and MSC-certified (Marine Stewardship Council). All our eggs are free-range and our meat is Farm-Assured as a minimum.
Jacket Potato offered daily with a choice of fillings.



Something extra!

Come to our Parents Evening Thursday 1st November and try some tasty dishes from the new school menu. Enfield Catering Services will be giving parents and pupils the opportunity to try school meals. A selection of the new dishes as well as homemade bread and the salad bar will be available. School meals have never been so good. Come and join us

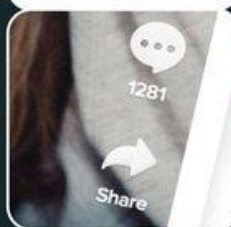


Tik Tok

TikTok is a global video community where users create, share and discover 'funny and memorable moments' via short video clips – typically about 15 seconds long. Videos can be 'spiced up' with special effect filters, stickers, music and sound clips. Currently one of the world's most popular apps, TikTok was formerly known as Musical.ly, before it was rebranded by the Chinese company that acquired it in November 2017. If your child had previously had a Musical.ly account, all of their videos and personal settings will have automatically been moved to TikTok.



AGE RESTRICTION
13+



What parents need to know about TikTok

BEING INFLUENCED

More than one third of children aged 6-17 consider 'social media stars' to be among their top role models. There are millions of creators on TikTok, showcasing their 'talents, moments and knowledge', from singing to dancing to stunts and comedy skits, which receive thousands of likes and comments from around the world, quickly turning people into 'stars'. There is the danger that children may develop unrealistic expectations of how they should look and behave on the app in order to become the next 'star'. They may have feelings of inadequacy and low self-esteem or become swayed by certain opinions.

INAPPROPRIATE SONG LYRICS

TikTok lets users lip-sync to their favourite songs and produce their own music videos. Some of the music choices contain swear words or sexual themes. So not only can children be exposed to potentially inappropriate content but they can broadcast themselves miming or singing these lyrics.

CONCERNING CONTENT

Some of the outfits and dance moves in videos can be overtly sexual and provocative. There have also been reports of some users sharing concerning content, such as videos that promote anorexia, porn, self-harm and violence.

DANGEROUS TRENDS & CHALLENGES

On TikTok, there are always 'trending challenges' and hashtags that users can copy or build upon, and sometimes, these challenges can pose risks to young people.

STRANGERS CAN FOLLOW YOUR CHILDREN

If your child's profile is open, strangers can use the app to comment on your child's videos. While this isn't always sinister, it gives potential predators the ability to contact your child through the platform.

IN-APP PURCHASES

Of course, as with many apps, there's a paid element to TikTok. Users can buy virtual coins to be exchanged for virtual gifts – for example, if they like a specific video, your child can use coins to purchase emojis to show approval. These can be expensive and easily purchased – there is the option to buy 10,000 coins for £97.99 with a one-click buy button.

ANYONE CAN SEE YOUR CHILD'S CREATIONS

TikTok encourages users to 'share their passion and creative expression through their videos' and while something may seem fun at the time, videos can get in the wrong hands and cause embarrassment in the future. If posted publicly, anyone in the world can see your child's homemade music video and potentially cause bullying within personal friendship groups or even online.



National
Online
Safety

Top Tips for Parents



TALK ABOUT THE PITFALLS OF OVERSHARING

Encourage your kids to always think before they do, say, like or post anything online, explaining that their 'digital footprint' can shape their online reputation and the way that other people see them. Something they may find funny and entertaining now may impact them in the future. Talk about how to deal with peer pressure and how doing something they think will impress others could affect them.

HANDLING CRITICISM

While it's fantastic to see your child being creative and expressive and bonding with people with similar interests, they need to be aware that not everyone will be supportive online. Comments can be negative or even cruel. Make sure they know how to comment respectfully and handle negative feedback. In the app's Privacy and Safety settings, your child can decide who can react to their videos, who can comment, and who can send them private chat messages. We suggest using these settings so only their friends can interact with their posts.



SIGNING UP WITH THE CORRECT AGE

When signing up to TikTok, you are prompted to input your birth date. If your child inputs their age as 'under 13', the app will not allow them to sign up and will be locked for 24 hours. The app is intended for users aged 13+, so explain that the rating is there for a reason; to keep them protected from online dangers. It is actually possible to watch TikTok videos without even creating an account, so it's important to check if your underage child has downloaded the app to their devices.

USE THE 'DIGITAL WELLBEING' SETTING

If you're concerned about the amount of time your child is spending on TikTok, in the app's settings, you can switch on a feature called Digital Wellbeing. This includes 'Screen Management' to limit the amount of time your child spends on the app.

SET THE ACCOUNT TO PRIVATE

This means that only people who you and your child approve of can see their creations. To make an account private, tap the three dots at the top right of the screen to access settings. Click 'Privacy and Safety'. Scroll down until you find 'Private Account' and turn this setting on.

REPORT INAPPROPRIATE CONTENT

If you or your child see something on TikTok that appears to be inappropriate, they can report content in different ways within the app. They can report an account, video, comment or chat conversation by simply tapping 'Report'. In the app's 'Digital Wellbeing' feature, there is also an 'Enhanced Restricted Mode', which limits the appearance of videos that may not be appropriate for all audiences.

AVOID IDENTIFIABLE OBJECTS

To ensure that there's no way of anyone tracking your child's location or identity, make it clear to them that they should never film a video in their school uniform or near a landmark that gives away where they live.

DISCUSS IN-APP PURCHASES

To lower the risk of your child making accidental in-app purchases, teach them exactly what in-app purchases are and the risks of making them without permission. Tell them that they are not essential to enjoy the app and that if they want to make a purchase, they should always ask you beforehand. In the app's 'Digital Wellbeing' feature, there is the option to disable the function of purchasing coins and sending gifts.

SOURCES: mediapost.com/publications/article/319720/social-media-stars-influence-kids-but-parents-still.html, commonsensemedia.org/blog/parents-ultimate-guide-to-musically/, metro.co.uk/2017/03/17/musical-ly-everything-you-need-to-know-about-the-app-your-children-are-obsessed-with-6516668/, youtube.com/watch?v=ahO6s4fCDUs, youtube.com/watch?v=YVG21ZQ4JqM, static.musicdn.com/website/pdf/creatorPlaybook.pdf, youtube.com/watch?v=8TaiQOCnTaM, support.musical.ly/knowledge-base/community-guidelines