


FREE swim and gym sessions for under 16s during school holidays



In partners ip with





Fusion Lifestyle in partnership with Enfield Council is pleased to provide swim and gym use **FREE** of charge for children under the age of 16 who are resident in the London Borough of Enfield.

As well as swimming, Enfield leisure centres has excellent gym facilities, which include all the latest equipment available to stay fit, healthy and have fun during the school holidays.

SWIMMING

Swimming is available at Albany Leisure Centre, Arnos Pool, Edmonton Leisure Centre, Southbury Leisure Centre and Southgate Leisure Centre.

All programmed public swimming sessions within our pool programmes are available free of charge for under 16s during the holiday period. Please check pool programmes in the centres and available on our website www.enfield-leisure.com

GYM SESSIONS

We have gym facilities at Albany Leisure Centre, Aspire Sports & Fitness Centre, Edmonton Leisure Centre, Southbury Leisure Centre and Southgate Leisure Centre.

To use the gyms you must be between 14-16 years of age and must have undergone a short induction of the equipment and the gym layout, which can be arranged at the centre of your choice.

Sessions are limited to certain times at each centre.

All gym facilities will be open at the following times during the school holiday period:

Monday - Friday 07:00 - 18:00

Saturday & Sunday 08:00 - 18:00

For full details and to apply for your FREE swim and gym card drop into your local leisure centre or visit www.enfield-leisure.com.

Albany Leisure Centre

505 Hertford Road Enfield, Middlesex, EN3 5XH
Tel: 020 8804 4255

Arnos Pool

269 Bowes Road New Southgate, London , N11 1BD
Tel: 020 8361 9336

Aspire Sport & Fitness Centre

(Edmonton County Lower School)
325 Church Street, Edmonton, London , N9 9HY
Tel: 020 8364 2484

Edmonton Leisure Centre

2 The Broadway Edmonton, London, N9 0TR
Tel: 020 8375 3750

Southbury Leisure Centre

192 Southbury Road Enfield, Middlesex , EN1 1YP
Tel: 020 8245 3201

Southgate Leisure Centre*

Winchmore Hill Road, Southgate, London , N14 6AD
Tel: 020 8882 7963

www.enfield-leisure.com