

Welcome to the year 1 café.

Thank you for coming.

Please take a seat next to your child.

Please check your mobile is switched off and put away.



Handwriting

- A way to improve a child's handwriting is through improving their fine and gross motor skills. This can be achieved through dough gym. Dough gym is a very effective programme for children who need to work on their upper body and gross motor development, but there may well be children in our setting who need more focused input on their hands, fingers and grip. It develops the muscles and hand movements they need for developing handwriting skills.
- It's a great way for the children to have fun whilst listening to the music and carrying out the different moves.

Dough gym



Break time!



Help yourself to a drink and a biscuit. Children to stay seated.

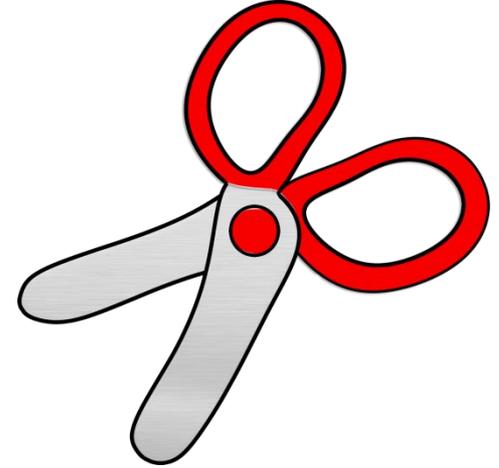


Our rules

- We stay at our tables
- We help others on our tables
- When we hear the noise it means
‘everybody stop and listen’
- We have fun!



Cutting



- Another way to develop a child's fine motor skills is through using scissors to cut. Without well-developed fine motor skills, a child may have difficulty learning to write or performing many of the other critical tasks

A Christmas Wreath



Step 1:

Draw around your child's hand.

Repeat several times to ensure there will be enough.



Step 2:

Cut out the handprints



Step 3:

Stick the handprints onto the circle using the glue stick.

Place them so that the fingers are pointing outwards and they overlap slightly.



- Now add some red berries. Cut some red circles and stick them onto the wreath.



The activities we have chosen are all activities you can continue with your child at home to help improve the fine motor skills which will help your child with their handwriting.

Thank you joining us today.
We hope you had fun!

